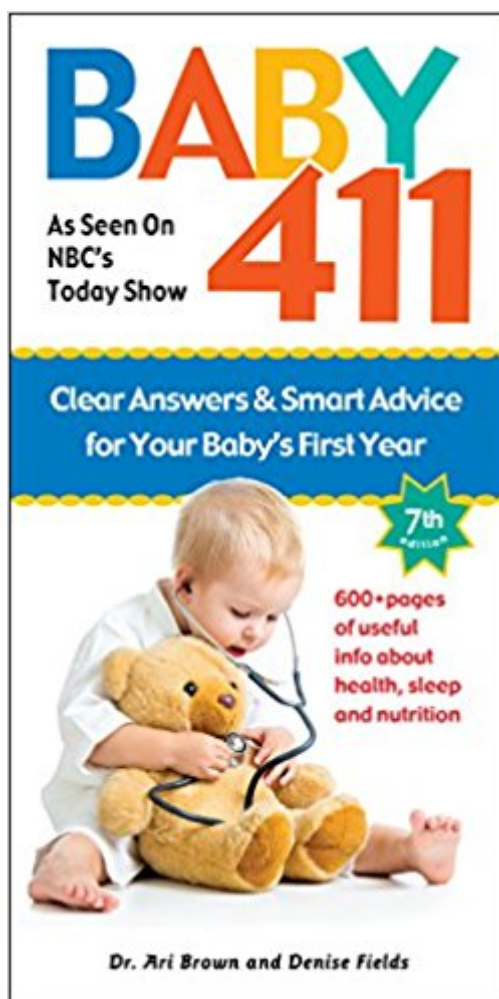


The book was found

Baby 411: Clear Answers And Smart Advice For Your Baby's First Year



Synopsis

"(Baby 411 is) my go-to reference so I don't bother Charlotte's pediatrician!" —Chelsea Clinton (US Weekly, Sept. 2015). You are having a baby! Congratulations! Now, the reality hits you — "what the heck am I doing?" — What if you could bottle the wisdom of all those parents who've come before you . . . and mix it with the solid medical advice from an nationally-renowned pediatrician? Baby 411 is the answer! Think of it as the ultimate FAQ for new parents. Inside you'll learn:

- How to pick a pediatrician with savvy questions to ask and insider tips.
- Sleep. The best way to get your baby to sleep through the night.
- First aid — when to worry, when not . . . and what to do when baby gets sick. No-nonsense, down-to-earth advice you can trust.
- Fussy baby 411. Is it colic? Acid reflux? Or something else? Discover — the secrets to soothing a fussy baby.
- Detailed nutrition info with a step-by-step guide for successful breastfeeding, introducing solid food and the "new and improved" formulas. Plus: simple steps to avoid food allergies!
- Is my baby normal? Learn how your baby will grow and develop!

New in this revised 7th edition:

- Simple ways make your baby smarter: talk time, the latest research and tips!
- The baby-led weaning fad — why it is dangerous ... and how to best introduce solid foods safely!
- Home hazards: how to baby proof your house with easy to follow tips and advice!
- Teething necklaces and other internet crazes to avoid!

All that and more in the new, updated and revised BABY 411!

Book Information

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Customer Reviews

• Practical, well-researched, and fun to read! Baby 411 celebrates the art and science of

parenting! • -Lewis First, M.D., Professor and Chair, University of Vermont Department of Pediatrics "Without a doubt, Baby 411 is definitely among the best books ever written for parents and caregivers regarding the appropriate and very logical approach to infant and child care. It is cleverly written, easy to understand, well organized, and often extremely humorous. Parents, grandparents, and anyone responsible for the rearing and day-to-day care of children should have this book available as a ready resource. I do!"-Jan Drutz, M.D., Professor of Pediatrics, Baylor College of Medicine

Dr. Ari Brown is an official spokesperson for the American Academy of Pediatrics and trusted source on children's health care. She's been featured on NBC's Today Show and is a medical advisor to Parents Magazine. In her spare time, she also is a pediatrician in Austin, TX. Denise Fields is the best-selling author of Baby Bargains and has been featured as a parenting expert on Oprah and in the Wall Street Journal. The New York Times declared Fields' Baby Bargains book to be the "bible for new parents."

Have you ever left the pediatrician's office and grumbled because you forgot to ask that one question that's been bugging you for days? This book has got you covered. It is packed with information that you wouldn't have thought to ask, but find incredibly useful. It is an easy read, too. But you definitely do not need to read it sequentially. If your kid is already 6 months old, you may want to skip the newborn section at the front of the book. However, I bet most people will go back and read what they skipped after they have finished the more relevant chapters. My only complaint is a minor one with the index: it is too detailed, and lists every place that a word shows up, even if it was not the focus of the page or even paragraph. This means you have to look in 6 places to find what you are looking for. This probably only affects the physical copies of the book. The search feature in the Kindle version may make this less annoying.

Make no mistake, there is no instruction manual for having and caring for an infant. But this is the closest I've found. We were given a slew of advice and baby books, but I found Baby 411 to be the most relatable and pragmatic. Saying that every child is different sounds cliché, but is truth. There is not a magic wand, but I found this book very insightful and written in a way that is not too vague or open ended, but also is not black and white. We find ourselves referring to it time and time again (This x normal?, Why is his poop this color, do we need to worry?, etc.) I was recommended this book by a friend with three kids and we now give this book as a gift to anyone we know that is

expecting.

Our doctor recommended getting this book to help answer questions about how our baby is doing and if what he is doing or the way he is acting is "normal" for babies his age. We use this book as our baby encyclopedia. The index is easy to use to find something specific really quick. But the way the book is organized is also helpful. You can look by age and then specific item (feeding, sleeping, etc) Its our go to book with anything baby

I bought this book, first, in 2008 and wore it out. I then passed it along to a friend. 5 years later became pregnant again and realizes I had forgotten so much! Bought the newest version and am referencing it about once or twice a week. It's a handy tool for any new mother! Or for one who has forgotten in between.

We got this book as a gift. We actually have it in both paper copy and electronic version for quick reference whenever needed. It is one of my go to books for child development/care. It covers pretty much all the topics that you as new parents might have -- feeding, sleeping, baby development, first aid, etc. I know that you can find a lot of information on the net, but there are so many references out there that you cannot and should not trust. This books is written in collaboration with many doctors including pediatrician, ENT, orthodontist, dentist, and other medical professionals. Information is well organized and easy to find. Every section also has frequently asked questions, "feedback from real world," and old wives tale.I would recommend this book to all new parents. It is also make a pretty nice gift!

My wife and I just had our first baby and we were the normal paranoid parents and bought a as many books as we could get our hands on. None were very good. My "favorite" instructed me to get my wife drunk while she was pregnant if she was having any anxiety. Ridiculous. This is, however, the only book that we use on a regular basis. Its answers are the same answers we get from our pediatrician and they're all readily available. The book is also well laid out and it's easy to find information when you (and your baby) need it NOW!

I'm a little out of touch with what to get people for their baby showers so I asked around the office and was greeted with an enthusiastic endorsement of this book. I purchased it and gave it to the mom-to-be. Her husband sent me a note the next day saying the book was great, he had already

started reading it, and the thank you note that I received from the mom was effusive with praise for this book. It will be my go-to shower gift for the future.

This book was recommended by pediatrician, and was a super read for a new mom. Has lots of advice on baby AND mommy things. Not a super large book, very to the point and easy to read/skim when in a hurry to find content. Table of contents is very thorough as well takes you straight to the area you needed to be.

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